



**** REVISED 10 MAY 2021 – CHANGES IN YELLOW ***

LARK UK NATIONAL CHAMPIONSHIP 2021

NOTICE OF RACE

30th May to 2nd June 2021

The organising Authority is Rock Sailing and Water Ski Club in conjunction with the Lark Class Owners Association.

1 Rules

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS) 2021-2024 and the Equipment Rules of Sailing to the extent that they apply. Rock Sailing and Water Ski Club has implemented the RYA Racing Charter and by entering, competitors will undertake to sail in compliance with the Charter, the SIs and the RSWSC “Look Sharp Sail Smart” publication. (Appendix C in the SIs).
- 1.2 RRS40.1 (Personal Flotation Devices) shall apply at all times when afloat.
- 1.3 A competitor’s clothing and equipment shall comply with RRS 50.1
- 1.4 All competitors and supporters will comply with RSWSC Covid 19 Risk Assessment.

2 Advertising

- 2.1 Boats may be required to display advertising and / or bow numbers chosen and supplied by the organising authority and in accordance with World Sailing advertising code 20.4.

3 Eligibility and Entry

- 3.1 The regatta is open to all members of the Lark Class Owners Association (LCOA) sailing Lark dinghies that have been measured and details held by the Chief Measurer.
- 3.2 At least one participant in each boat must be a Full Member of LCOA.
- 3.3 To complete registration competitors shall:
 - i) Ensure any boat launched since the last championships has been measured before the first day of the championships.
 - ii) Enter online (see 4.2)
 - iii) Pay any outstanding fees.
 - iv) Become (if not already) a member of the LCOA.
- 3.4 Competitors who are under 18 before and including the last day of the regatta must have a declaration form completed by their parent or guardian before they will be allowed to compete. This applies to helms and crews. The parental declaration form will be signed and presented at registration.
- 3.5 Each participating boat shall be insured with valid third-party insurance with minimum cover of £3,000,000 or equivalent in other currency.

4. Entry and Fees

- 4.1 The entry fee per boat will be £129. Non-members will also need to join LCOA.
- 4.2 Eligible boats should enter online at: <https://nationals.larkclass.org/>

4.3 Entry fees will not be refunded for entries cancelled after 14th May 2021. If cancellation occurs prior to this date 75% of the fee will be refunded.

5. Schedule

5.1 There will be no registration, competitors need only enter and pay on-line. Competitors will need to complete a form to declare they are compliant with the class rules, obtainable from <https://nationals.larkclass.org/>

5.2 The competitor briefing will be posted on-line by 28 May at <https://nationals.larkclass.org/>. The Race Officer will be available to answer any questions at 1800 on Saturday 29th May outside Rock Sailing and Water Ski Club.

5.3 Racing will take place from Sunday 30th May to Wednesday 2nd June 2021 inclusive. It is intended to schedule 2-3 races per day with a combination of shorter, medium and longer races. See NoR 9.1.

The scheduled times of the warning signal for the races are as shown below. This schedule is a guide only to when long, medium or short races are to be sailed. The Race Committee reserves the right to change the format of race duration at its discretion. Failure to adhere to the intended race duration for a particular race is not grounds for redress under RRS 62.

Date	Race	Warning signal	Tide times (BST) in Padstow
Sun 30 th May	Points Races 1 (long) & 2 (short)	08.30 and asap after Race 1	HW—09.01
Mon 31 st May	Points Races 3 (medium), 4 (medium) & 5 (short)	08.45 and asap after Race 3 (and 4)	HW— 09.50
Tue 1 st June	Points Races 6 (medium) & 7 (medium); & crews' race(short)	09.30 and asap after Race 6 (and 7)	HW—10.44
Wed 2 nd June	Points Races 8 (long) & 9 (long)	10.30 and asap after Race 8	HW—11.44
Wed 2 nd June	Prize giving	17.00 or earlier if racing and Covid restrictions allow.	

5.4 No warning signal will be made after 13.55 on Wednesday 2nd June.

5.5 Up to one race may be sailed ahead of schedule if tides/conditions allow, subject to no more than 3 races being sailed on any one day. No more than 2 races will be sailed on the last day. Any changes to the sailing programme will be posted by 20.00 on the preceding day.

6. Measurement

6.1 The measurement authority will be the LCOA.

6.2 All competitors will need to complete a self-certification form, downloadable from the Event Website and be returned to a box by the Club Noticeboard by 2000 on 29 May. There will be no first-time measurement of hulls, sails or equipment.

6.3 Additional measurement checks may be carried out at any time during the event, to include:

Boat weighing at the discretion of the Chief Measurer
Buoyancy check
Checking of any correctors
Checking of measurers' signatures / stamps on sails.

6.5 All sails shall have been measured by a class approved measurer prior to being used in the Championship.

7 Sailing Instructions

7.1 Sailing instructions will be posted on the event website a week prior to registration. <https://nationals.larkclass.org/>

8 Venue and Race Area

- 8.1 The venue is Rock Sailing and Water Ski Club, the Quay, Rock, Wadebridge, North Cornwall PL27 6 LB
- 8.2 The Race Area will be in the Camel Estuary and/or Padstow Bay depending on weather conditions

9 Courses

- 9.1 The courses will be triangle/sausage & sausage triangle type courses, with a mixture of line and gate starts at the discretion of the Race Officer. It is intended to offer a combination of longer races (target length approximately 70 minutes), medium races (target length approximately 50 minutes) and shorter races (target length approximately 30 minutes).

10 Scoring

- 10.1 Nine races are scheduled. Two races shall be completed to constitute a valid championship.
- 10.2 When fewer than 4 races have been completed, a boat's series score will be the total of her scores.
- 10.3 When 4-8 races have been completed; a boat's series score will be the total of her race scores excluding her worst score.
- 10.4 When 9 races have been completed; a boat's series score will be the total of her race scores excluding her worst 2 scores.
- 10.5 Due to the tight schedule, competitors are advised to check their result for each race is as expected as soon as coming ashore. RRRS 90.3 shall apply.

11 Substitution of Crew and Equipment

- 11.1 Permission to substitute a registered crew member will only be granted for reasons of injury, illness, serious unforeseen personal circumstances, or prearranged crew substitutions approved by the LCOA at or before registration. Only one substitution per boat will be permitted.
- 11.2 Substitution of damaged or lost equipment will not be allowed without approval of the Race Committee. Request shall be made at the first reasonable opportunity.

12 Berthing / Boat Storage

- 12.1 A dinghy park will be established at Ferry Point Boat Park located north of the sailing club. On arrival boats can be taken into the park and cars moved immediately to a car park. Cars are not permitted in the dinghy park. It is intended that road trailers will remain in the dinghy park.

13 Coach and Support Boats

- 13.1 All coach and support boats shall register at the Race Office and shall be conspicuously identified and the method of identification advised to the PRO by 2000 the day before use.

14 Communication

- 14.1 Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data transmissions that is not available to all boats.
- 14.2 The Official Notice Board will be located by the front door of RSWSC. Notices may also be posted on an event WhatsApp group and the event website <https://nationals.larkclass.org/>. Any changes due to COVID will be posted on the event website prior to the briefing.

15 Prizes

- 15.1 The number of prizes to be presented will be dependent on the number of entries. As a minimum, prizes will be awarded to individual race winners.
- 15.2 Prizes will also be given for overall positions as follows:
 - First position overall
 - Helm with greatest improvement in overall position from the last Lark National Championship.

Club with best performing 2 boats overall.

First helmswoman.

First boat outside the main prizes that has competed in at least 4 previous Lark National Championships.

Highest placed helm competing in his/her first Lark National Championship.

Winner of the Crews' race

Highest place married couple.

First helm aged 40 or over (on first day of Championship).

15.3 Other prizes may be awarded at the discretion of the organising authority.

15.4 Competitors are responsible for the suitable engraving and return of perpetual trophies.

16 Risk Assessment

16.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

16.2 By taking part in the event, each competitor agrees and acknowledges that:

i) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.

ii) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore.

iii) They accept responsibility for any injury or loss to the extent caused by their own actions or omissions.

iv) Their boat is in good order, equipped to sail in the event and they are fit to participate.

v) The provision of a race committee, patrol boats and other officials and volunteers by the organising authority does not relieve them of their own responsibilities.

vi) The provision of patrol boat assistance is limited to such assistance, particularly in extreme weather conditions as can be practically provided in the circumstances.

vii) It is their responsibility to familiarise themselves with any risks specific to this venue or at this event drawn to their attention in any rules and information provided for the venue or event and to attend competitors' briefing(s) held for this event.

viii) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face conditions that they may incur, that their crew is sufficient in experience and fitness to withstand such weather.

ix) All competitors will comply with RSWSC Covid 19 Risk assessment

17 Rights to use name and Likeness

17.1 By participating in the event, competitors automatically grant the Organising Authority, the LCOA and event sponsors the right, in perpetuity, to make and show, at their discretion, any photography, audio and video recordings, and any other reproductions of them made at the venue or on the water from the arrival at the venue, until their final departure, without compensation.

18. Data Protection

18.1 By entering the event, helm and crew agree for their details to be stored in a Lark Class administered database (e.g. Mailchimp database) for the purpose of being sent relevant information in advance of the event and occasionally after the event. You may unsubscribe at any time.

18.2 By entering the event, helm and crew agree for their mobile number be added to an event WhatsApp group for the benefit of the Lark Class communications during and after the event. You may unsubscribe at any time.

19 Further information and Contacts

19.1 Rock Sailing and Water Ski Club, The Quay, Rock, Wadebridge, North Cornwall, PL27 6LB

Website: <http://www.rswsc.co.uk>

Email: sailing@rswsc.co.uk

19.2 Lark Class Association:

Website: <http://www.larkclass.org>

E-mail: marketing@larkclass.org

End of Notice of Race

ADDITIONAL INFORMATION

Membership and Liability

All competitors will be deemed to be temporary members of Rock Sailing and Water Ski Club during the event and as such shall abide by the Club's rules. Members of the Class, their guests and visitors are welcome to use the Club premises and any other facilities of the Club but do so at their own risk.

Dogs

Dogs **are not** welcome in the Clubhouse. Owners are responsible for the behaviour (and any cleaning up after) of their dogs while on the Quay and in the boat park.

Social Programme

A social programme is being arranged and details will be available on Rock Sailing and Water Ski Club website and the Lark Class Owners Association website (COVID permitting).

The Club galley will be open to competitors, their families and friends. Snacks and drinks to be taken afloat will be available from the Club galley, and the bar will be open when coming ashore and during the evening.

Rock Sailing and Water Ski Club prides itself on being a friendly Club that works hard to provide good sailing and a good fun social programme.

Accommodation

While there is plenty of accommodation in and around Rock it is advisable to book early. Accommodation ranges from hotels, B&B, self-catering accommodation and the nearest campsites are from 1/2 mile away.