

Rock Sailing and Water Ski Club  
The Quay, ROCK, Wadebridge, Cornwall PL27 6LB

**Peter Keeling Shrimper Week**  
**Social Programme**

Friday 26th June - Wednesday 1st July 2009



Thursday 25th June	<b>Galley Menu (Registration)</b>	7pm
Friday 26th June	<b>Club Fish Night</b> (Galley Prices)	6.30 - 9pm
Saturday 27th June	<b>Shrimper Golf</b> - St Enodoc Jean Kain, match organiser, "Greylag" <b>BBQ on Club Quay</b>	2pm 7pm
	(bring your own food, chips at Galley Prices)	
Sunday 28th June	<b>Club Brunch</b>	11.30am
Monday 29th June	<b>Cornish Crabbers Factory Visit</b> at their yard <b>Carrek Lodge BBQ</b> - Tim & Fiona Lunt 7.15pm Cornish Crabbers are generously supplying some Pimms and canapés but do bring your BBQ bits as well as own drinks/wine - more information at the briefing Please park in Playing Field further down Trewint Lane	4.30pm
Tuesday 30th June	Free evening	
Wednesday 1st July	<b>Quayside Trophy</b> <b>Shrimper Supper</b>	TBA 7pm
	(booking with registration with a maximum of four names in a party) Prize Giving will start during coffee followed by an excellent talk with slideshow "Big Ocean Small Yacht" by Tanya Leech	

 Rock Sailing and Water Ski Club 

Peter Keeling Shrimper Week Programme

To all participants and other club members I hope you will find this synopsis of the Shrimper week programme of assistance with planning your week with us. As ever we expect a great turnout and look forward to a thoroughly enjoyable week with the normal banter which contributes to these very special few days.

David Parr - Commodore RSWSC



**Friday 26th June - Wednesday 1st July 2009**

<b>Thursday 25th June</b>	<b>Registration (Food available)</b>		
		<b>1900 - 2030</b>	
	<b>Briefing</b>		<b>2030</b>
	<u>High Tide</u>	<u>Tide Height</u>	<u>Race Time</u>
<b>Friday 26th June</b>	08.52	7.1	<b>08.30</b>
Peter Keeling Race 1			
<b>Saturday 27th June</b>	09.39	6.9	<b>09.00</b>
Peter Keeling Race 2			
<b>Sunday 28th June</b>	10.28	6.6	<b>09.30</b>
Peter Keeling Race 3 & 4			
<b>Monday 29th June</b>	11.15	6.3	<b>10.15</b>
Peter Keeling Race 5			
<b>Tuesday 30th June</b>	12.09	6.0	<b>11.15</b>
Peter Keeling Race 6			
<b>Wednesday 1st July</b>	13.12	5.9	<b>TBA</b>
The Quayside Trophy			

NOTE The two race day may alter according to weather conditions.

Keep in touch through the club website **www.rswsc.co.uk**

Tel/Fax 01208 862709 e-mail info@rswsc.co.uk

## CLUB FACILITIES during Shrimper Week

Club Steward - Richard Smith 01208 862709

Bar opening times - All day including evenings during regatta

Prices to entice -

Doom Bar & Commodore Special Club Brew £2.50 a pint

Red & White House Wine £10 a bottle

Thatchers Gold Somerset Cider £3 a pint

Gunners(non alcoholic)Ginger Beer, Angostura & Ginger Ale £2.40 a pint

RSWSC Galley - Chef - Henry Waterworth & Crew

Below are just some of the dishes available from the Galley

with Specials of the Day shown on the board

Homemade Club Burger in a toasted bap and Chips £7.95

Bacon and Egg with Chips £5.25

Honey Baked Ham and Eggs with Chips £6.95

Rock Pasty with Chips £5.95

Chilli Beef Natchos £7.50

Prawn Caesar Salad £7.95

Chicken Schnitzel Burger with Chips £6.95

Portion of Chips £2.50 Cheesy Chips £2.95

Sandwiches

Prawn Sandwich with salad garnish £4.95

Cheese and Pickle Sandwich with salad garnish £3.50

Vegetarian Selection

Omelettes

Salads

Friday Fish Night

Cod, Peas and Chips £8.50

plus specials of freshly caught fish

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## Shrimper Week Trophies

### Peter Keeling Trophy

Winning helm and crew for best aggregate.

### Robertson Propeller Trophy

Winning Helm and crew of best inboard

### Greaves Rowlocks Trophy

Awarded at the discretion of the Race Officer

### Quayside Trophy

Awarded to the winner of the special Quayside Race

(Note this is not part of the series)

## 2009 Racing Information

Race Officer: Simon Pain

Entry Fee: RSWSC Member £35

Visitor £85

£5 of every entry goes towards the Shrimper Owners Association

**Thursday 25th June Registration: 1900 - 2030**

**Main Briefing 2030**

When additional briefings are required they will be held 85 minutes before the start time.

NB KEEP YOUR EYE ON THE RSWSC CHALK BOARD

## IMPORTANT RULES

1/ **The Start** - Windward boat must keep clear and has no overlap entitlement at the start.

2/ **Overlap at three boat lengths** - Water may be called at three clear boat lengths when approaching a mark.

3/ **Windward Boat** to keep clear at all times.

4/ **Boat on Starboard Tack** has right of way with close hauled having total rights.

5/ **Infringements** - Always 720 degrees with the exception of hitting a buoy when you must do 360 degrees, in both instances as soon as possible but away from other craft.

6/ AVOID COLLISIONS AT ALL COSTS THEN PROTEST IF NECESSARY. YOU MUST NOTIFY THE OFFENDING BOAT AT THE TIME THAT YOU INTEND TO PROTEST AN ALLEGED INFRINGEMENT.

Now protests are much more informal and held in the bar after the race providing useful learning opportunities.

Our grateful thanks to all this seasons sponsors

